Myfuture CBC Revision

CREATIVE ARTS AND SPORTS -

Question Paper

1. How does pacing impact the storytelling experience?

A. Rushed and chaotic progression

B. Abrupt and disjointed shifts

C. Slow and monotonous development

D. Well-balanced transitions and timing

2. Which European club has won the most UEFA Champions League titles?

A. FC Barcelona

B. Real Madrid

C. Liverpool

D. Bayern Munich

3. Which position is known for scoring the most goals in handball?

A. Striker

B. Pivot

C. Goalkeeper

D. Defender

4. Which of the following is crucial for creating a compelling story?

A. One-dimensional characters

B. Predictable storyline

C. Minimal dialogue

D. Conflict and resolution

5. What is the term for a sequence of single notes that is musically satisfying?

A. Harmony

B. Beat

C. Melody

D. Tempo

6. In music, what is the term for the difference in loudness between notes or phrases?

A. Rhythm

B. Melody

C. Pitch

D. Dynamics

7. How does character development contribute to a compelling storyline?

A. Believable and dynamic personalities

B. Stereotypical character archetypes

C. Stagnant characters with no growth

D. Inconsistent traits and behaviors

8. Which of the following is not a component of creative arts and sports?

A. Dance

B. Biology

C. Theatre

D. Painting

9. What role does analysis play in dance performances?

A. To distract the audience

B. To understand the choreography and emotions conveyed

C. To belittle the dancers

D. To discourage dancers

10. Which of the following is a form of creative art?

A. Running a marathon

B. Throwing a javelin

C. Painting a picture

D. Playing basketball

11. How many players are on the field for each team during a football match?

A. 12

B. 9

C. 11

D. 10

12. What traditional Kenyan feast is often celebrated through folk songs?

A. Thanksgiving

B. Christmas

C. Harvest festival

D. Independence Day

13. Why is proper warm-up crucial before engaging in athletics?

A. To increase the risk of injuries

B. To prepare the body for exercise

C. To skip the main activity

D. To reduce flexibility

14. In what way does analyzing dance routines contribute to a deeper understanding of the art form?

A. By limiting exposure to different styles

B. By understanding the choreography and cultural influences

C. By criticizing the dancers

D. By disregarding the efforts of the dancers

15. How can creative arts and sports positively impact society?

A. By encouraging teamwork and collaboration

B. By causing conflicts and disputes

C. By promoting laziness and isolation

D. By promoting unhealthy competition

16. Which instrument is commonly used for solo performances in Western classical music?

A. Congas

B. Thumb Piano

C. Clarinet

D. Oboe

17. Which instrument is commonly used in country music?

A. Trombone

B. Accordion

C. Mandolin

D. Keyboard

18. What is the significance of teamwork in athletics?

A. To discourage collaboration

B. To avoid communication

C. To compete alone

D. To build camaraderie

19. Why is it important to engage the audience in storytelling?

A. To keep them interested

B. To bore them

C. To make them fall asleep

D. To make them leave

20. What helps in connecting the audience to the characters in a story?

A. Static character arcs

B. Empathy and relatability

C. Ambiguous motivations

D. Unrealistic reactions

21. What is the traditional dance often performed alongside Kenyan folk songs?

A. Breakdance

B. Salsa

C. Luo dance

D. Ballet

22. What is the purpose of stretching before a race?

A. To increase stress

B. To prevent injuries

C. To increase body weight

D. To decrease flexibility

23. In what year was handball first included in the Olympic Games?

A. 1900

B. 1936

C. 1896

D. 1972

24. What is the term used for when a player passes the ball to a teammate with their head?

A. Cross

B. Volley

C. Chip

D. Header

25. Which of the following is essential in composing a melody to ensure it is memorable and appealing?

A. Syncopation

B. Dissonance

C. Repetition

D. Counterpoint

26. What is the term for the overall structure or shape of a melody?

A. Rhythm

B. Texture

C. Timbre

D. Form

27. One of the benefits of participating in sports is _____.

A. Staying indoors all day

B. Skipping meals

C. Physical fitness and health

D. Too much sitting

28. Which instrument is commonly used in rock music?

A. Piano

B. Violin

C. Electric Guitar

D. Clarinet

29. In visual arts, what component refers to how light or dark a colour appears?

A. Warm-up

B. Tempo

C. Choreography

D. Value (Tone)

30. What is the maximum number of substitutions allowed in a standard football match?

A. 5

B. 7

C. 3

D. Unlimited

31. What is the function of a climax in a story?

A. To build tension and excitement

B. To introduce unnecessary subplots

C. To bore the audience

D. To resolve all conflicts quickly

32. Which term refers to the relative highness or lowness of a sound?

A. Timbre

B. Melody

C. Pitch

D. Tempo

33. What is the term for a goal scored directly from a corner kick?

A. Penalty

B. Own goal

C. Free kick

D. Olympic goal

34. Which term refers to the sustained resonance of a sound in a melody?

A. Texture

B. Harmony

C. Sustain

D. Timbre

35. How does analyzing the techniques in a painting contribute to art appreciation?

A. By devaluing the skills of the artist

B. By enhancing understanding of artistic methods and styles

C. By discouraging exploration of different genres

D. By ignoring the details in the artwork

36. Which instrument is commonly used in reggae music?

A. Steel Pans

B. Bass Guitar

C. Oboe

D. Bagpipes

37. What is the role of a coach in an athlete's development?

A. To ignore progress

B. To provide guidance

C. To limit growth

D. To discourage improvement

38. How does practicing sprinting drills benefit an athlete?

A. By reducing speed

B. By improving technique

C. By causing fatigue

D. By increasing injury risk

39. Which of the following is not a component of creative arts and sports?

A. Mathematics

B. Dance

C. Drawing

D. Music

40. Which instrument is known for its prominent role in Western rock music?

A. Bagpipes

B. Tabla

C. Electric Guitar

D. Harp

41. How can you make your story memorable?

A. Having a bland setting

B. Being forgettable

C. Using cliches

D. Creating unique and relatable characters

42. Why is it important to analyze the theme and message in a piece of artwork?

A. To discourage art appreciation

B. To dismiss the emotions conveyed

C. To misinterpret the artist's intentions

D. To appreciate the creativity and depth of the art

43. Which of the following is a form of creative arts?

A. Tennis

B. Psychology

C. Physics

D. Poetry

44. How can you make your audience feel connected to the story?

A. Ignoring them

B. Incorporating emotions and feelings

C. Avoiding eye contact

D. Using complex language

45. What is the primary objective of practicing athletics?

A. To enhance cooking skills

B. To showcase artistic talents

C. To improve overall physical fitness

D. To become a better dancer

46. Which component of dance concerns the area through which dancers move?

A. Texture

B. Score

C. Space

D. Rules

47. Where did handball originate?

A. Kenya

B. England

C. Germany

D. United States

48. Which player wears a different colored jersey from the rest of the team in a football match?

A. Captain

B. Head coach

C. Top scorer

D. Goalkeeper

49. Which of the following is the opposite of consonance in a melody?

A. Repetition

B. Dissonance

C. Harmony

D. Texture

50. How many players are on each team in handball?

A. 6 players

B. 11 players

C. 8 players

D. 7 players